

# Help your employees with fast, effective access to GPs, online or in pharmacy with LifeWorks Telemedicine, the UK's first hybrid telemedicine offering.



LifeWorks Telemedicine enables you and your loved ones to access fast, effective and contact-free medical advice from the comfort of your own home, work or local pharmacy\*. We understand that being able to take care of your health at home has never made more sense. That's why we partnered with Medicspot to bring you telemedicine services designed for busy people like you and your families who want convenient, unlimited access to medical care.

Our experienced GPs are available 7 days a week via video appointment. Feel you need a more hands-on examination? Visit one of our 300+ pharmacy clinics across the UK fitted with state-of-the-art medical diagnostic

## What's included?

- **Video consultation with experienced, NHS practising GP** from your mobile phone, tablet or laptop
- **Access to 300+ pharmacy clinics across the UK** – A doctor will perform a remote examination fitted with state-of-the-art clinical diagnostic tools
- Where appropriate, GPs can issue private prescriptions, private fit notes and open private referral letters at **no additional cost**. Please note the cost medication is not included.
- **Sharing with family** – It can be even more worrying when a loved one is unwell. LifeWorks Telemedicine is accessible to all dependents over the age of 5.

## Taking care of your employees and their families' wellbeing is more important than ever

Our telemedicine service is the innovative, virtual solution they need to address health concerns via an easily accessible resource

## We can help with...

- |                                   |                            |
|-----------------------------------|----------------------------|
| ● Sinus infections                | ● Skin rashes or bug bites |
| ● Colds, flus and sore throats    | ● Injuries or muscle pain  |
| ● Conjunctivitis                  | ● Migraines                |
| ● Ear infections                  | ● Mental health            |
| ● Urinary tract infections (UTIs) | ● Allergies                |
|                                   | ● Birth control            |
|                                   | And much more!             |



## GPs are able to:

- Diagnose and treat conditions
- Complete full remote clinical examinations using state-of-the-art medical technology
- Issue private prescriptions, where appropriate
- Issue private referrals to specialists, where necessary
- Offer private fit notes for work or school, if required

## How does it work?

### Book a Video Consultation, available 7 days a week

- Visit the LifeWorks platform – Simply click on the quick link within the Support & Resources section.
- Choose a date and time that suits you – You will receive a confirmation email and an SMS with the access link.
- Start your consultation at the appointed time – Call the GP on video by clicking on the access link.
- Receive medical advice, guidance and reassurance and where appropriate diagnosis, treatment or onward referral – Your doctor will listen to your symptoms, diagnose your issue and provide advice and the best course of action, this may include issuing a prescription or referral for onward investigation.
- If appropriate, collect your prescription – If your doctor wrote you a prescription, you'll be able to pick it up from a nearby pharmacy of your choice.

### If you need to be examined, visit one of our 300+ pharmacy clinics across the UK

- Visit the LifeWorks platform – Simply click on the quick link within the Support & Resources section.
- Find your local pharmacy clinic and choose a date and time that suits you.
- Consult with a GP via video – Book a video consultation at one of our pharmacy clinics and have a remote examination by a Medicspot GP.
- Your doctor will examine you using various medical equipment available at the clinical station to diagnose your issue and provide a treatment plan, which may include a prescription.
- Collect your medication – If your doctor wrote you a prescription, any medication will be available to collect on your way out.



Image shows diagnostic toolkit available for in-pharmacy consultations. These include, blood pressure cuff, medical camera, stethoscope and blood oximeter